



## Universal Healing Tao System

Chi Nei Tsang III Tok Sen

Case Study Form

Application for CNT III

274/1 Moo.7, Luang Nua, Doi Saket, Chiang Mai 50220, Thailand

Tel: +6653 921 200 Fax: +6653 495 852

Email: [universaltao@universal-tao.com](mailto:universaltao@universal-tao.com) Website: [www.universal-tao.com](http://www.universal-tao.com)



Applicants profile for becoming  CNT Practitioner  CNT Teacher

Surname Trainee	Last Name
e-mail	skype
Zip	City
Street / No.	Date of birth
Phone	Mobil Phone
Country	State

**Dear Chi Nei Tsang Trainee,**

to reach the level of a 'UHT Chi Nei Tsang 3 Practitioner', 100 completed Case Study Forms are needed. To train and develop your skills, Grand-Master Mantak Chia wants you to show your Chi Nei Tsang practice for this part of your Chi Nei Tsang 3 education. Within each of the 100 sessions with Students (partners, clients, friends or relatives), several actions are necessary. Please observe the legal regulations valid in your country.

**Thank you very much !**

UHT Chi Nei Tsang 3 is an element of the Universal HEALING TAO System. I confirm that I will not publish, teach, or in any form or way attempt to impart the principles of the Universal Tao to the public, until such time as I have received personally from Master Mantak Chia, or his representative, the training and testing necessary to become a qualified practitioner of the Universal HEALING TAO Chi Nei Tsang 3 practices.

**Letter of agreement**

Hereby I confirm with my signature that I have been informed about the general conditions and principles of the treatment and agree with them. I have also been informed that all my data collection is voluntary. Furthermore, I agree that the treatment data, evaluations and documentation concerning me will be stored and stored for 10 years for the purpose of treatment by the above-mentioned institution. This also applies to any treatment data and findings from the treatment of external treatments that may have been transferred.

I am aware that I can revoke this consent in whole or in part at any time - for the future. This results in a cancellation of the treatment contract from the revocation date and a deletion of my documents after 10 years from revocation. My data is subject to confidentiality and will therefore be treated confidentially. The data will only be passed on to third parties with my consent, unless other regulations are prescribed by law.

**Date** \_\_\_\_\_ **Signature** \_\_\_\_\_

## DESCRIPTION & PROFILE OF THE STUDENT

<b>1. Name :</b>	<b>Surname :</b>
<b>2. Gender:</b> <input type="checkbox"/> female <input type="checkbox"/> male	<b>Age :</b>
<b>3. E-mail</b>	
Line 1-3 is needed. All further details from here are personal data and can be blackened or completely cut off. Questions about Students self-assessment:	
<b>Body Constitution :</b> <input type="checkbox"/> underweight <input type="checkbox"/> slim <input type="checkbox"/> normal <input type="checkbox"/> muscular <input type="checkbox"/> corpulent <input type="checkbox"/> overweight	
<b>5 Element Balance :</b> <input type="checkbox"/> Water ↓ <input type="checkbox"/> Wood ↓ <input type="checkbox"/> Fire ↓ <input type="checkbox"/> Earth ↓ <input type="checkbox"/> Metal ↓	
Chi Balance of the element : <input type="checkbox"/> = strong <input type="checkbox"/> Wood = equal <input type="checkbox"/> = week	
Find 5 Element balance through : <a href="http://www.universal-tao.com/InnerAlchemyAstrology">www.universal-tao.com/InnerAlchemyAstrology</a>	
<b>Sleep :</b> <input type="checkbox"/> regularly <input type="checkbox"/> irregularly <input type="checkbox"/> mostly quiet <input type="checkbox"/> restless <input type="checkbox"/> very restless	
<b>Emotional Level :</b> <input type="checkbox"/> very restrained <input type="checkbox"/> restrained <input type="checkbox"/> normal <input type="checkbox"/> temperamentally <input type="checkbox"/> irascible	
<b>Stress Conditions :</b> <input type="checkbox"/> never <input type="checkbox"/> occasionally <input type="checkbox"/> regularly <input type="checkbox"/> ongoing <input type="checkbox"/> too much	
<b>Women : Are you pregnant?</b> <input type="checkbox"/> no <input type="checkbox"/> yes <b>Do you have an IUD?</b> <input type="checkbox"/> no <input type="checkbox"/> yes	
<b>Do you have a pacemaker?</b> <input type="checkbox"/> no <input type="checkbox"/> yes <b>Do you have thrombosis?</b> <input type="checkbox"/> no <input type="checkbox"/> yes	
<b>Are you taking antipsychotic drugs?</b> <input type="checkbox"/> no <input type="checkbox"/> yes	
<b>Main challenges :</b>	

I am aware that Chi Nei Tsang 3 is primarily an educational process enabling me to care for myself in a more informed way. I know that I am responsible for my own physical, emotional, mental, and spiritual well-being. This training in Chi Nei Tsang 3 will enable me to understand myself better and become capable of functioning more fully as a complete being in harmony with myself. I am not here to be treated for any illness, disease, or disability. With this Taoist meditation practice as taught by Grand-Master Mantak Chia no diagnoses are made, it can in no case replace the consultation with a medical doctor.

**Date**

**Signature Student**

# TOK SEN SESSION EXPLANATION & PRACTICE WITH STUDENT

**SESSION 1**

**NAME Student:**

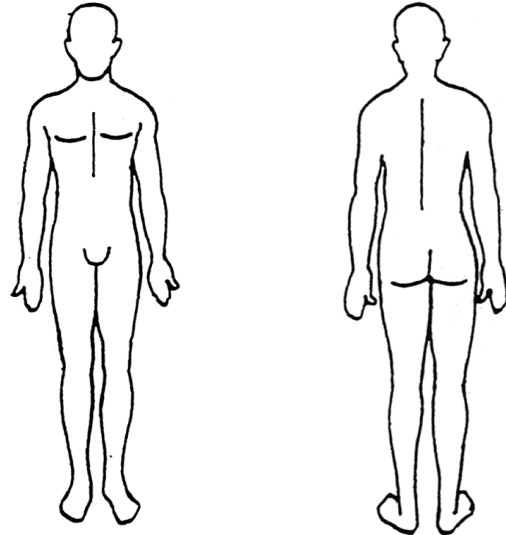
**DATE:**

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

Feedback from Student:     no change     better     good     worse

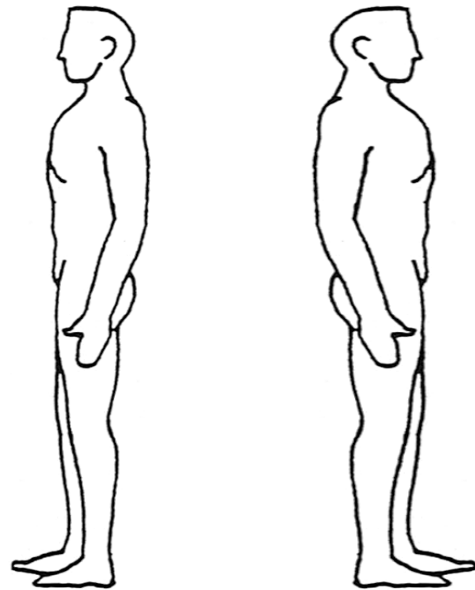
## **Hammer supine lying:**

- at abdominal
- at chest
- at clavicle
- at ribcage
- at elbow
- at arm and palm
- at groin
- at legs internal lower limbs
- at legs external lower limbs
- at knee
- around patella
- at ankles
- at thigh



## **Hammer prone lying**

- along spinal cord
- paravertebral muscles (up and down 10x)
- lumbar area
- coccyx bone
- back thigh
- knee on the back
- foot sole



## **Hammer side lying left side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bone

## **Hammer side lying right side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bon

## **Hammer sitting position:**

- at neck tendons
- shoulder tendons
- at scapula



# TOK SEN SESSION EXPLANATION & PRACTICE WITH STUDENT

**SESSION 2**

**NAME Student:**

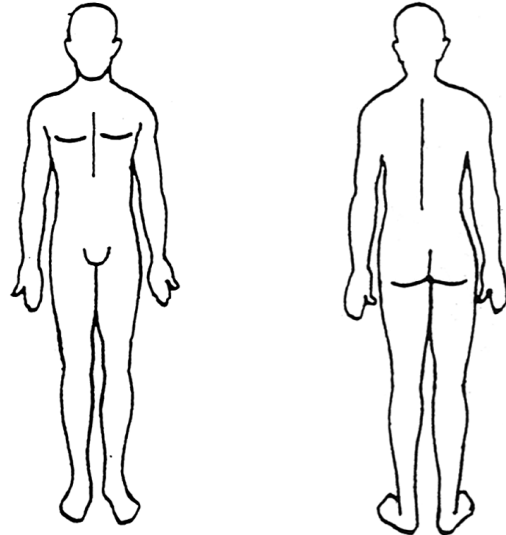
**DATE:**

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

Feedback from Student:     no change     better     good     worse

## **Hammer supine lying:**

- at abdominal
- at chest
- at clavicle
- at ribcage
- at elbow
- at arm and palm
- at groin
- at legs internal lower limbs
- at legs external lower limbs
- at knee
- around patella
- at ankles
- at thigh



## **Hammer prone lying**

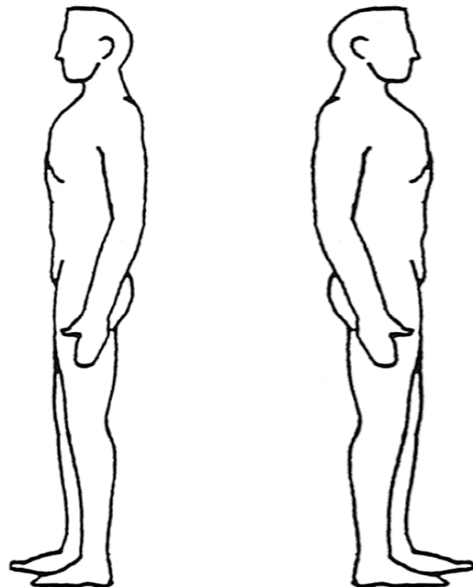
- along spinal cord
- paravertebral muscles (up and down 10x)
- lumbar area
- coccyx bone
- back thigh
- knee on the back
- foot sole

## **Hammer side lying left side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bone

## **Hammer side lying right side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bon



## **Hammer sitting position:**

- at neck tendons
- shoulder tendons
- at scapula



# TOK SEN SESSION EXPLANATION & PRACTICE WITH STUDENT

**SESSION 3**

**NAME Student:**

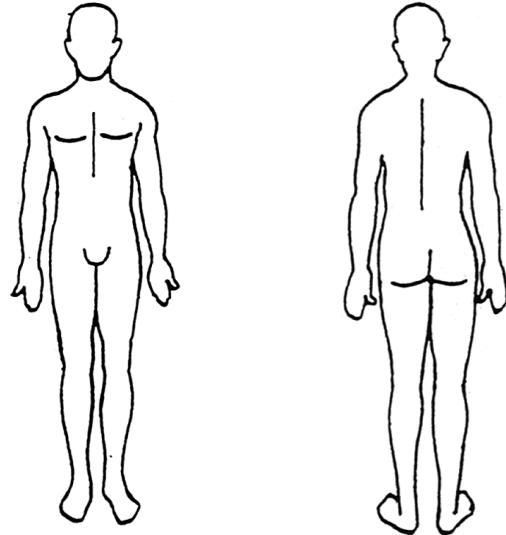
**DATE:**

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

Feedback from Student:     no change     better     good     worse

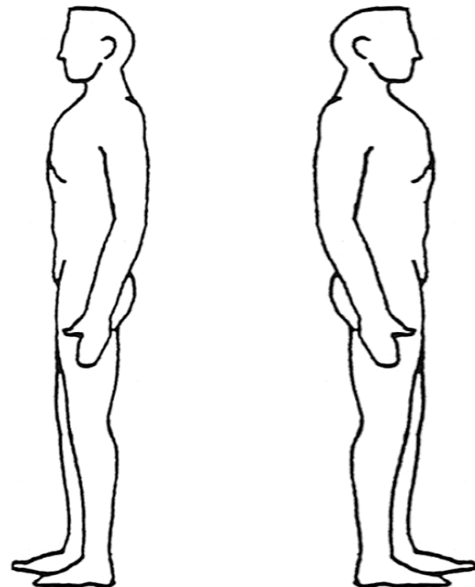
## **Hammer supine lying:**

- at abdominal
- at chest
- at clavicle
- at ribcage
- at elbow
- at arm and palm
- at groin
- at legs internal lower limbs
- at legs external lower limbs
- at knee
- around patella
- at ankles
- at thigh



## **Hammer prone lying**

- along spinal cord
- paravertebral muscles (up and down 10x)
- lumbar area
- coccyx bone
- back thigh
- knee on the back
- foot sole



## **Hammer side lying left side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bone

## **Hammer side lying right side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bon

## **Hammer sitting position:**

- at neck tendons
- shoulder tendons
- at scapula



# TOK SEN SESSION EXPLANATION & PRACTICE WITH STUDENT

**SESSION 4**

**NAME Student:**

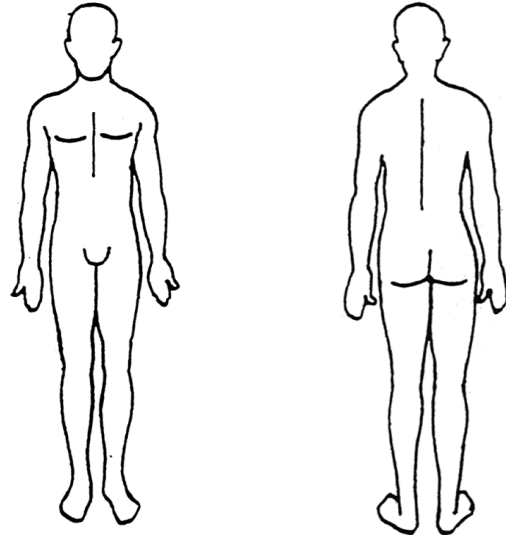
**DATE:**

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

Feedback from Student:     no change     better     good     worse

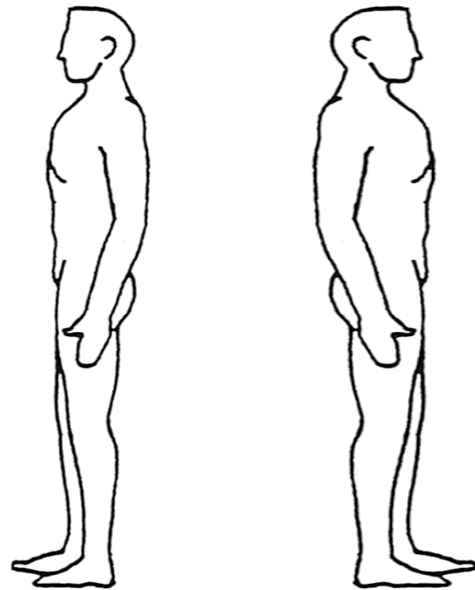
## **Hammer supine lying:**

- at abdominal
- at chest
- at clavicle
- at ribcage
- at elbow
- at arm and palm
- at groin
- at legs internal lower limbs
- at legs external lower limbs
- at knee
- around patella
- at ankles
- at thigh



## **Hammer prone lying**

- along spinal cord
- paravertebral muscles (up and down 10x)
- lumbar area
- coccyx bone
- back thigh
- knee on the back
- foot sole



## **Hammer side lying left side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bone

## **Hammer side lying right side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bon

## **Hammer sitting position:**

- at neck tendons
- shoulder tendons
- at scapula



# TOK SEN SESSION EXPLANATION & PRACTICE WITH STUDENT

**SESSION 5**

**NAME Student:**

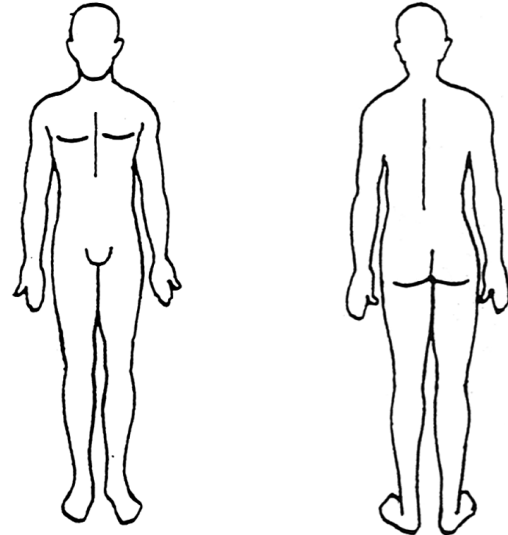
**DATE:**

Recommendation: Clean hands for CNT Trainee, Student can stand, sit or lie down.

Feedback from Student:     no change     better     good     worse

## **Hammer supine lying:**

- at abdominal
- at chest
- at clavicle
- at ribcage
- at elbow
- at arm and palm
- at groin
- at legs internal lower limbs
- at legs external lower limbs
- at knee
- around patella
- at ankles
- at thigh



## **Hammer prone lying**

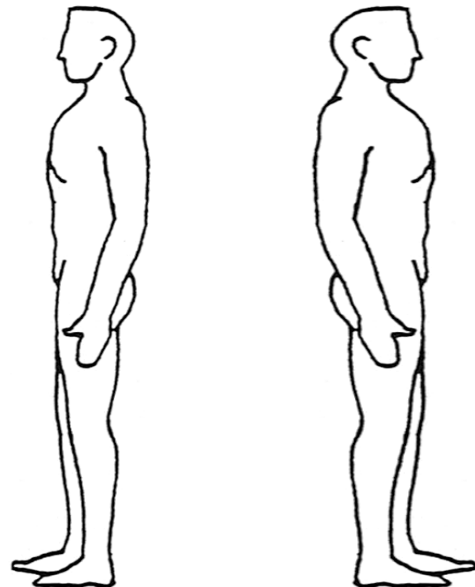
- along spinal cord
- paravertebral muscles (up and down 10x)
- lumbar area
- coccyx bone
- back thigh
- knee on the back
- foot sole

## **Hammer side lying left side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bone

## **Hammer side lying right side:**

- at neck
- lumbar and hip
- at thigh
- back thigh
- at calf
- around ankle bon



## **Hammer sitting position:**

- at neck tendons
- shoulder tendons
- at scapula

