



Council of 9 - Doc 3 / RV2 6. March 2017

Chi Nei Tsang Curriculum

to become a certified Chi Nei Tsang (CNT) Practitioner, Teacher & Senior Teacher

CNT Program Part 1-11 Theory and Practice

1 700 h Total Hours

Part 12-13 Theory and Practice

714 h Total Hours

CNT Career Path from CNT Trainee to CNT Practitioner to CNT Teacher to CNT Senior Teacher

Note: for approved certified body therapists, massage therapists, natural healers and similar professionals a reduction on study cases, hours of anatomic teachings is possible upon request and proven documentation.

Part 1: Become a CNT Trainee (student/participant)

Apply in writing for Study and Training Part 1

Attend 28 hours (first training in CNT I) group training of CNT 1 Techniques Teachings including anatomy with CNT Senior Teacher or CNT I Teacher

Textbooks: Chi Nei Tsang I/II/III/IV/V by Master Chia

Result : Allows to work as a CNT Trainee for collecting case studies

Part 2- Become a CNT Practitioner in CNT I Techniques (internal organs)

410 hr

Textbook: Chi Nei Tsang I by Master Chia

Present minimum 100 study cases and your practice hours

150

Attend 28 hours (second training in CNT I) group training including anatomy with CNT Senior Teacher or CNT I Teacher with key T1

Attend Universal Healing Tao Basic Training in Microcosmic Orbit, Healing Love, Iron Shirt recommended (40h)

Educate students in Six Healing Sounds, Inner Smile, CNT Self massage

50

CNT I training course curriculum:

Study Chi Nei Tsang I Book

hands on techniques, Opening Wind Gates, anatomy

120

Qi Qong

25

Inner Smile Meditation

10

Six Healing Sounds

10

Tao Yin Yoga

10

Releasing negative energy through tree meditation

10

Exchanging massage technique with different partners

10

cleaning intestine with herbs or hydro colonic

02

Evaluation by Master Chia or CNT Senior Teacher with key ST or 2 CNT Teachers with key T1

07

Result: Certification as CNT I Practitioner

Allows to work as a CNT Practitioner (with key P1) on students and clients

Profile of CNT Practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 3- Become a CNT Practitioner in CNT II Techniques (chasing the winds)

320 hr

Textbook: Chi Nei Tsang II, Chasing the Winds by Master Chia

Attend 21 hours group training of CNT I Techniques Teachings with a CNT Senior Teacher

Collect minimum 100 case studies and practice hours

100

Educate students in Six Healing Sounds, Inner Smile

50

Attend 28 hours (first training in CNT II) group training of CNT I Techniques with a CNT Senior Teacher with key ST or CNT Teacher with Key T1 and T2 13 16

CNT II Training course curriculum: Studying Chi Nei Tsang II, Chasing the Winds,

Each wind according to a specific ailment with anatomy part

90

Qi Qong

20

Microcosmic Orbit

10

Iron Shirt I

10

Elixir Chi Kung

10

Clean intestine with herbs or hydro colonic

03

Exchanging massage technique with different partners

10

Evaluation By Master Chia or CNT Senior Teacher or 2 CNT Teachers with key T1 & T2

07

Result: Certification as CNT II Practitioner

Allows to work as a CNT II Practitioner (with key P2) on students and clients

Profile of CNT II Practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 4- Become a CNT Practitioner in CNT 3 Techniques (Tok Sen, Muscle, Tendon, Meridian) 290 hr

Textbook: Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage by Master Chia

Attend 21 hours group training of CNT I Techniques Teachings with a CNT Senior Teacher

Collect minimum 60 case study practice hours

Educate students in Six Healing Sounds, Inner Smile

Attend a second CNT III group training with qualified CNT Teacher

100

50

CNT III training course curriculum: Study Chi Nei Tsang III: Intensive muscle, tendon, meridian treatment

Iron Shirt Qi Qong

Cleaning intestine with herbs or hydro colonic

Exchanging massage technique with different partners

90

20

03

10

Evaluation by Master Chia or Senior Teacher with key T3 and certified to evaluate CNT III

07

Result: Certification as CNT III Practitioner

Allows to work as a CNT III practitioner (with key P3) on students and clients

Profile of CNT III practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 5 - Become a CNT Practitioner in CNT 4 techniques (Karsai Nei Tsang)

Textbook: Chi Nei Tsang V, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia with anatomy part

Attend 21 hours group training of CNT I Techniques Teachings with a CNT Senior Teacher

Collect minimum 60 case study practice hours

Educate students in Six Healing Sounds, Inner Smile

Attend a second CNT IV group training with qualified Karsai Nei Tsang Senior Teacher

50

Evaluation by Master Chia or Senior Teacher with key T4 and certified to evaluate Karsai Nei Tsang

07

Result: Certification as Karsai Nei Tsang Practitioner

Allows to work as a Karsai Nei Tsang practitioner (with P4) on students and clients

Profile Karsai Nei Tsang practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 6 - Become a CNT Practitioner in CNT 5 techniques (Life Pulse)

Textbooks: Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Attend 21 hours group training of CNT V Techniques with a CNT Senior Teacher

Collect minimum 60 case study practice hours

Educate students in Six Healing Sounds, Inner Smile

Attend a second CNT V group training with qualified Chi Nei Tsang Senior Teacher

50

Evaluation by Master Chia or Senior Teacher with key T5 and certified to evaluate Life Pulse Massage

07

Result: Certification as Life Pulse Practitioner

Allows to work as a Life Pulse Practitioner and have students (clients)

Profile Life Pulse practitioner is added into the Universal Healing Tao/CNT practitioner website

Part 7 - Become a CNT Teacher in CNT I techniques (internal organs) 176 hr

CNT Teacher cannot evaluate CNT Practitioner

Textbooks: Chi Nei Tsang I/II/III/IV/V by Master Chia

CNT I Practitioner minimum 4 years

Attend 21 hours Cosmic Healing Training with Master Chia or Cosmic Healing Teacher

21

Attend UHT Instructor Training and get certified as Universal Healing Tao Instructor with keys BA, IS1, HL

140

Assist full CNT training with Master Chia or CNT Senior Teacher as assistant teacher with key ST

28

Recommendation: It is recommended to certify as Cosmic Healing Practitioner.

to become Cosmic Healing Teacher within 2-3 years after having been certified as a CNT I Teacher.

Evaluation by Master Chia or CNT Senior Teacher with key ST

Result: Certification as CNT I Teacher

Allows to teach CNT I and have students

UHT Foundation will send out mailing list to advertise for Senior Teacher or Teacher

If UHT Foundation receives names/email addresses from students of Senior Teacher or Teacher

Profile of CNT Teacher is added into the Universal Healing Tao/CNT practitioner website

Part 8 - Become a CNT Teacher in CNT II techniques (chasing the winds) 70 hr

Textbooks: Chi Nei Tsang II, Chasing the Winds by Master Chia

Attend 7 hour CNT 2 Teachings with CNT Senior Teacher with key T2

07

Evaluation by Master Chia or CNT Senior Teacher

03

Result: Certification as CNT Teacher

Allows to teach CNT 2 to students

Part 9 - Become a CNT Teacher in CNT III techniques (Tok Sen) 70 hr

Textbooks: Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage by Master Chia

Attend 7 hour CNT 3 Teachings with CNT Senior Teacher with key T1, T2 & T3

07

Evaluation by Master Chia or CNT Senior Teacher with key ST

03

Result: Certification as CNT Teacher with key T3 130 526

Allows you to teach CNT III to students

Part 10 - Become a CNT Teacher in CNT 4 techniques (Karsai Nei Tsang) 328 hr

Textbook: Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage book by Master Chia with anatomy part CNT Teacher with key T1, T2, T3

Attend 14 hour (first) CNT 4 Teachings with Master Chia or CNT Senior Teachers assistant with key ST and key T4 14

Karsai Nei Tsang training course curriculum:

Study Karsai Nei Tsang , intensive pelvis and	
Genital medical massage	120
Qi Qong	20
Healing Love	10
Bone Marrow Nei Kung	15
Chi Weight Lifting / Jade Egg Practice	10
Exchange massage technique with different partners	10

Evaluation by Master Chia or CNT Senior Teacher with key ST and key T4 07

Result: Certification as CNT Teacher with key T4
Allows you to teach CNT 4 to students

Part 11 - Become a CNT Teacher in CNT 5 techniques (Life Pulse) 70 hr

Textbooks: Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Study and update in CNT 5 60

Attend 7 hour (first) CNT 5 Teachings with CNT Senior Teacher with key ST and key T5 07

Attend 7 hours (second) CNT 5 Teachings 07

Evaluation by Master Chia or CNT Senior Teacher with key ST

Result: Certification as CNT Teacher with key T5
Allows you to teach CNT 5 and to students

Part 12 - Become a CNT Senior Teacher 314 hr

Active CNT I Teacher Status for 2 years, keys T1, T2, T3, T4 and documentary evidence of a min. practice of 300

Attend 14 hour CNT Senior Teacher Training with 1 active CNT Senior Teacher certified with keys T1,T2,T3,T4 14

Get 2 Recommendation Letters from either 2 active CNT Senior Teachers or 1 CNT I Teacher / 1 CNT Senior Teacher

Result: Certification as CNT Senior Teacher with key ST

Allows to teach CNT and evaluate CNT Practitioner

UHT Foundation will send out mailing list to advertise for Senior Teacher or Teacher

If UHT Foundation receives names/email addresses from students of Senior Teacher or Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao/CNT practitioner website

Part 13 - Research Projects 400 hr

To complete the CNT Branch Curriculum it is required to participate in a CNT research project which is submitted to the UHT Foundation.